ABSTRACT OF THE DISCLOSURE

An information distributing apparatus for distributing record information to be recorded in a DVD is provided. The apparatus includes an encryptor 2 for encrypting record information to be recorded in a recordable DVD-RW 40 by employing an encryption key K recorded in the DVD-RW 40 to generate encrypted record information and a modem 4 for distributing the generated encrypted record information to an information recording apparatus through an external network 5. The information recording apparatus records the encrypted record information in the DVD-RW 40 in which the encryption key K is recorded in advance.